RADNOR FOX TROT

MUSIC & FULL DESCRIPTION OF DANCE

BY

ALBERT W. NEWMAN

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THE FOX TROT.

Description Of The Dance By

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Affiliated With The

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Music 4-4 (common time) counting four to each measure.

The step used, practically throughout the Fox Trot is a short light running step or a Trot, taking one step to each quarter or in other words four steps to each measure. In taking this step, the heels should be raised and the movement done on the ball of the foot. GREAT CARE SHOULD BE EXERCISED NOT TO EXAGGERATE THE MOVEMENT as the spirit of the music has a tendency often to lead one to extremes.

The running step is done in any direction and in any or every Dance Position according to the disposition of the dancers and the space available. The opportunities afforded to introduce different steps and combinations are unlimited in the Fox Trot as they are in the other Modern Dances. But they should always be thoroughly understood by both partners before attempting something unfamiliar and more or less difficult.

The various positions in which the Fox Trot is to be performed are as followed,-

CLOSED POSITION.

This position is the one in general use. The dancers stand facing each other (half face to face position) the gentleman's right arm partly encircles the lady's waist, his left hand with her right hand are placed with palms flat together (hands held straight) the arms of which are bent and held to the side on a line with the head,the lady's left hand is placed on his right shoulder.

TANGO POSITION.

Take closed position and both face the line of direction (front) the dancers are virtually standing side by side and both will move forward in the same direction.

AMERICAN OR YALE POSITION.

This is a closed position with partners very much at each others side (right shoulder almost touching) both facing in opposite direction.

THE DANCE.

Description for the gentleman with counterpart for the lady.

The gentleman always starts with his left foot and the lady with her right foot.

Take the Closed Position and begin by moving forward as many steps as desired (as in the One Step or Castle Walk) then take a few turns to the right (in the right turn always keep the right foot in front of the left foot) then the gentleman moves backward any number of steps while the lady goes forward, this will lead one nicely into the left turns or reverse (keep the left foot in front,) after this the Grape Vine Step can be used.

GRAPE VINE STEP.

This is a side movement - left foot to side (1) right foot crossed in back (2) left foot to side (3) right foot in front (4) Repeat as many times as desired.

From the Grape Vine one can turn again several times then follow this with the Butterfly Movement.

BUTTERFLY.

Take the American or Yale Position and move forward (lady backward) four steps then both turn about face (to the right) and the gentleman starts to move backward four steps while the lady moves forward, then turn about face to the left which will bring you back to the original position. Continue this indefinitely. Again turn several times to the right. Now use the Tango Position and both move forward and from here go into the Wheel Figure.

WHEEL.

Take the American Position and both move around each other to the right as if running after each other, around the rim of a wheel both moving forward in a circular direction.

Repeat all from beginning.

There is no set sequences in which the movements are to be used this is left to the good judgement of the gentleman. However for convenience I have arranged the following.

ABBREVIATED FORM.

Forward Movement (closed position)
Turns to the right.
Backward Movement.
Turns to the left.
Grape Vine Step. (to the left)
Turns to the right.
Butterfly (change American Position)
Turns to the right (closed position)
Tango Position - forward.
Wheel to the right (American Position.)

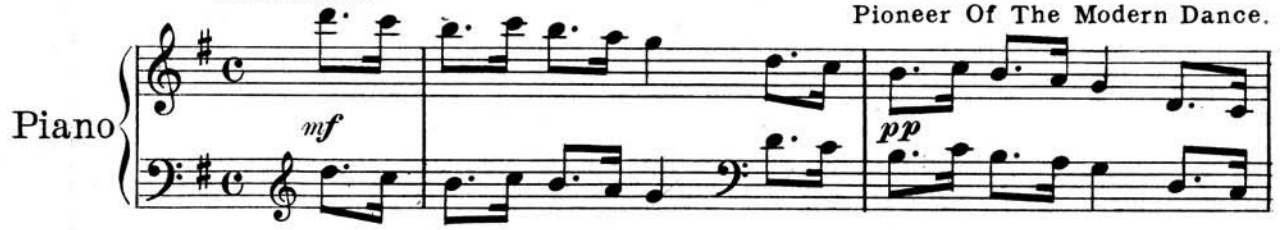
After all this has been done which is sufficient for ordinary Ballroom use then any variation that is in harmony with the music and in strict accordance with the rhythm can be used.

Respectfully Dedicated To The Members Of The Radnor Hunt Club.

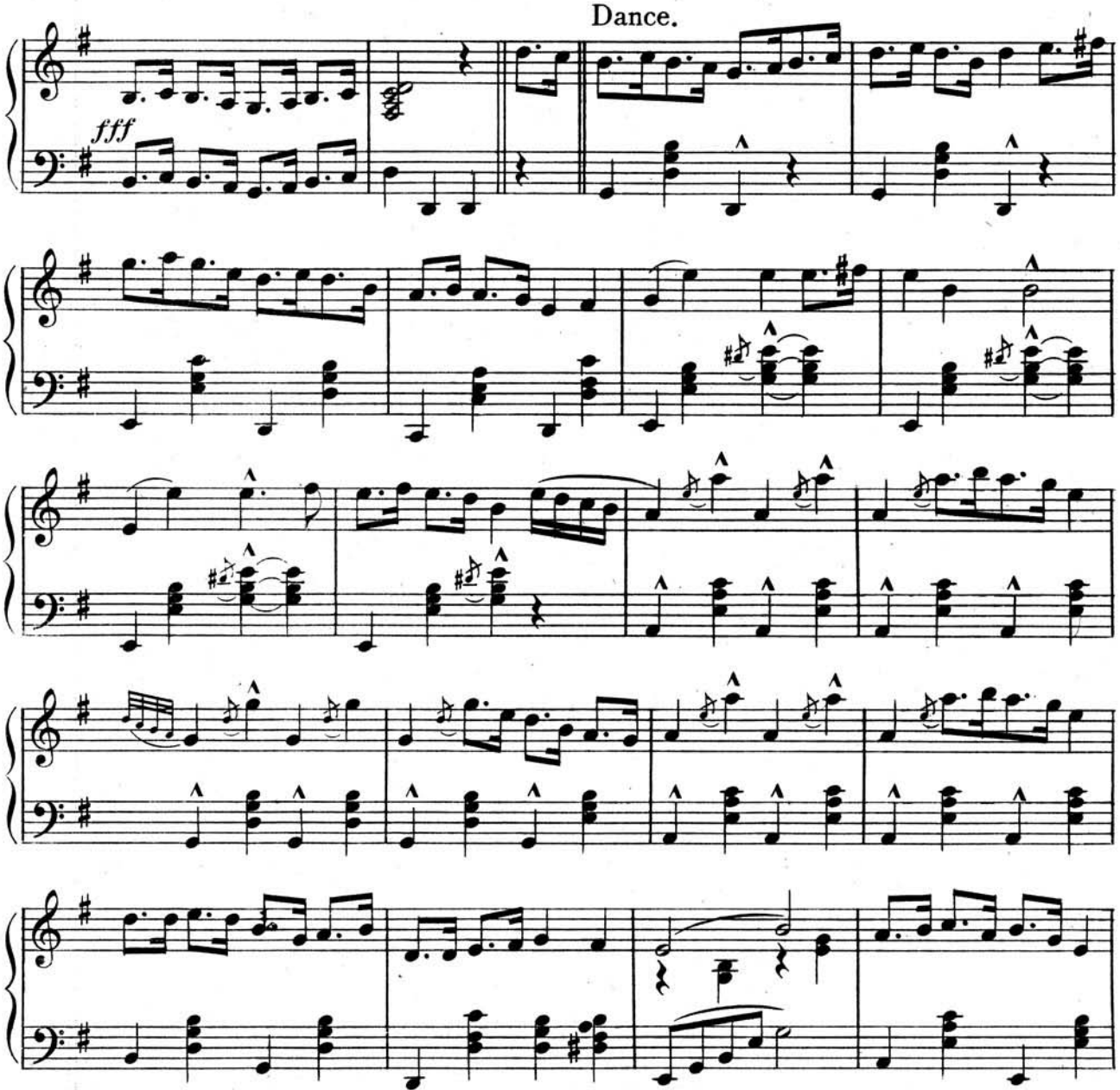
Radnor Fox Trot.

Music and Full Description By
Albert W. Newman.
Pioneer Of The Modern Dance.

Intro.
Moderato.



Dance.



Imitations redolent of the Barn Yard should be used by the drummer througout the entire music, such as the Cow, neighing of the horse, crowing of the rooster, bob-white, dog bark, bird whistle, horses hoofs and siren whistle.

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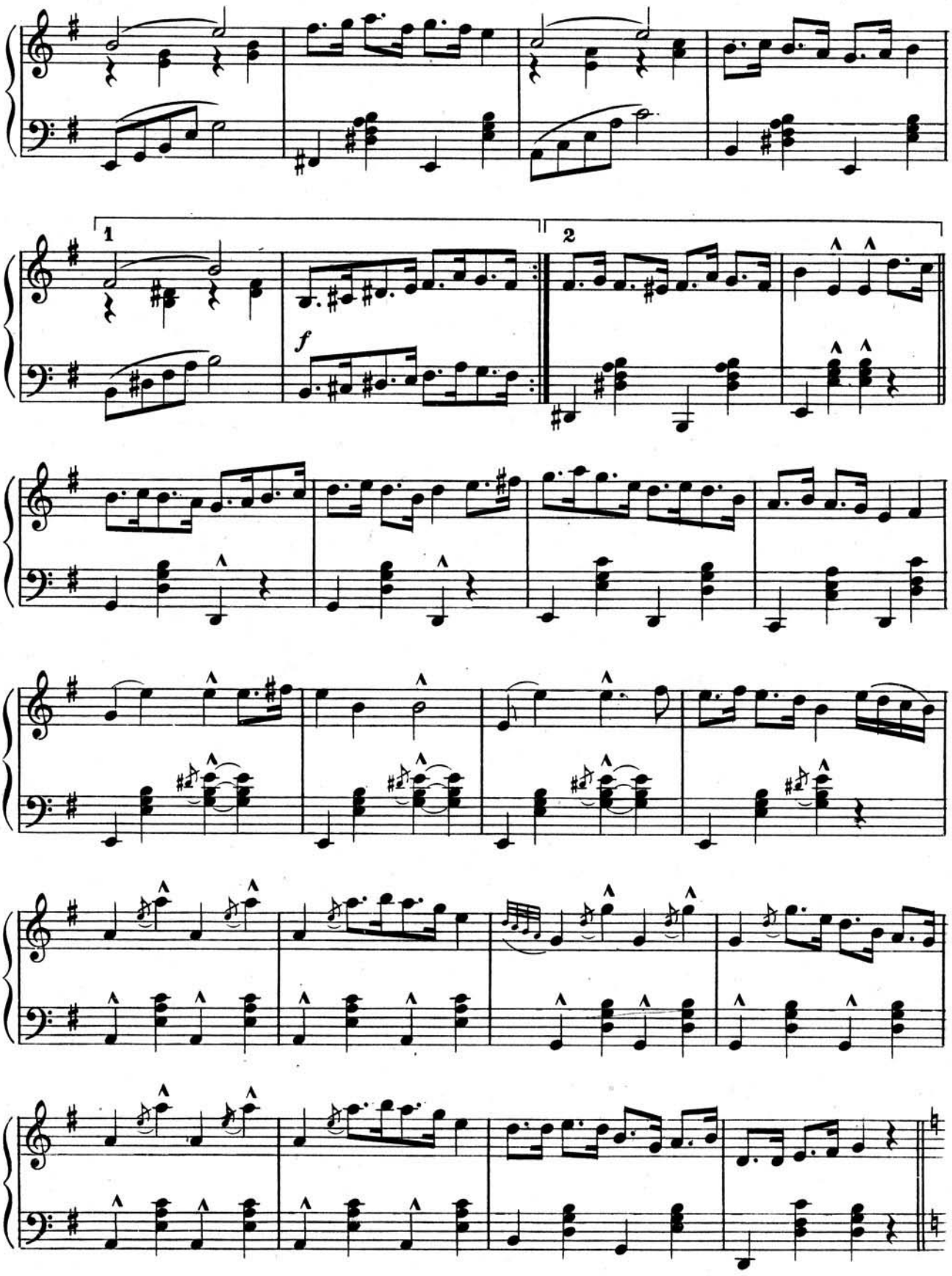
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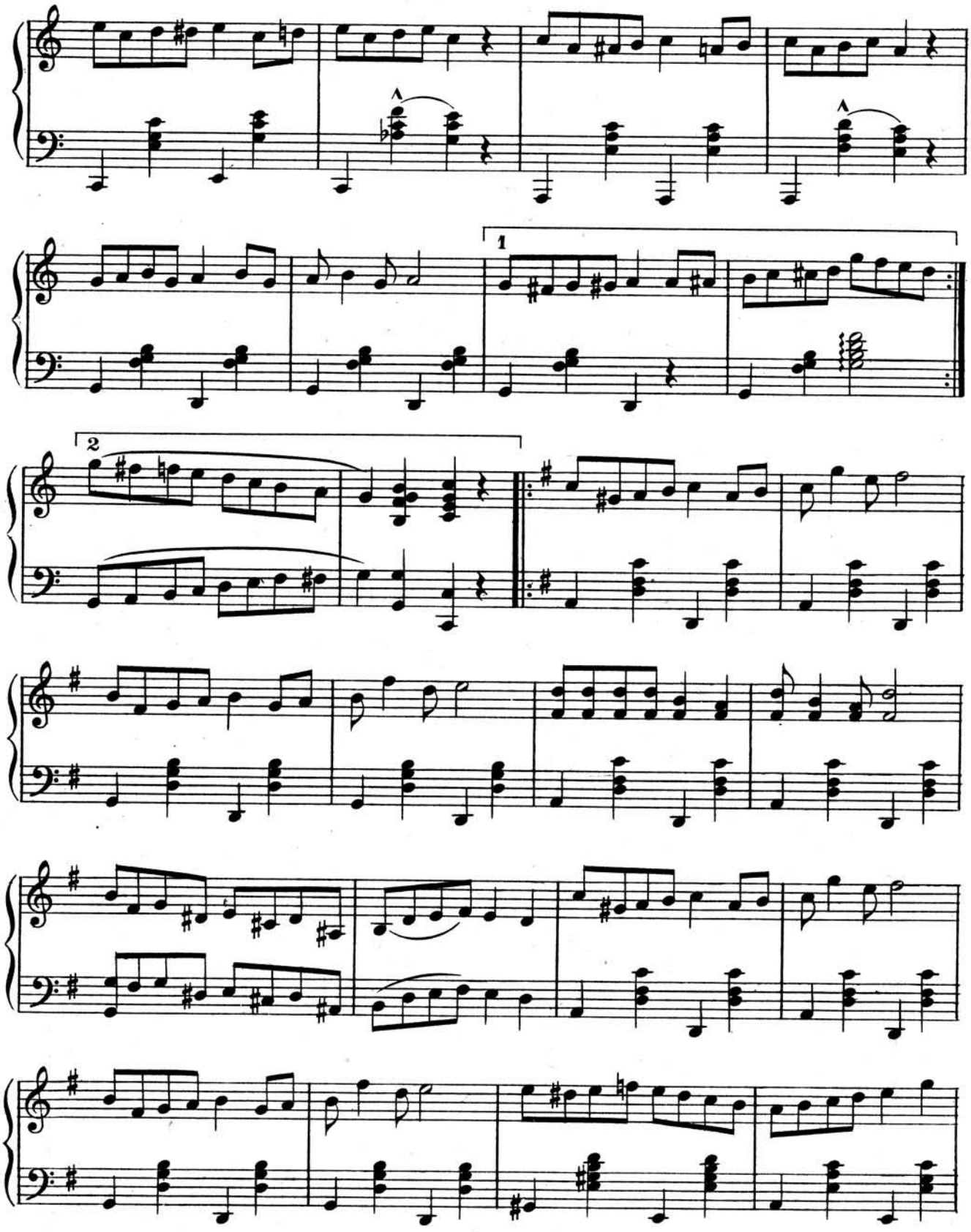
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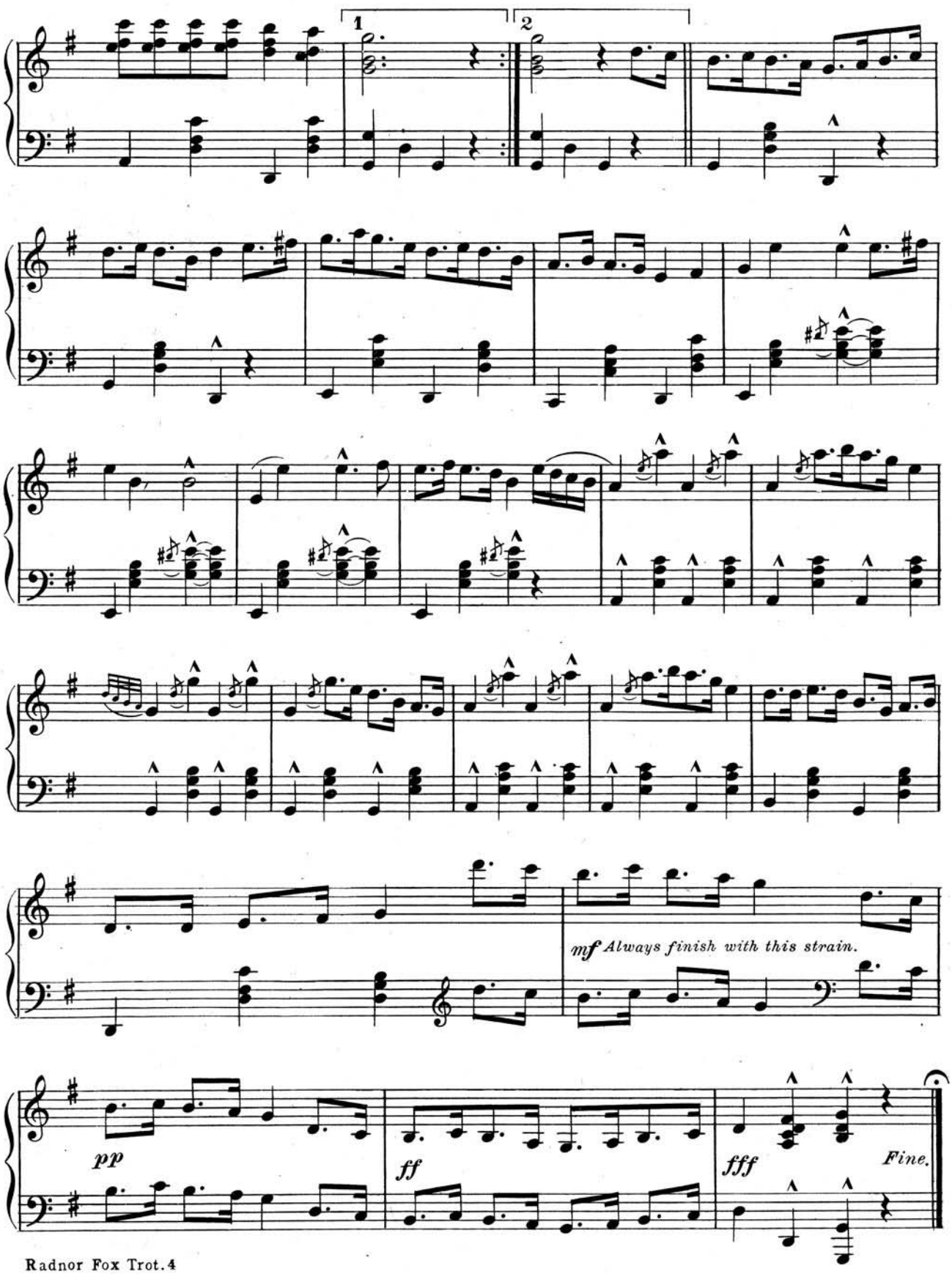
1
2
mf Always finish with this strain.
pp
ff
fff
Fine.